

FRACTIONATION OF UGANDAN SHEA BUTTER INTO COMMERCIAL SHEA STEARIN AND SHEA OLEIN

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INTRODUCTION

- Shea butter is fat produced from the nuts of the shea tree (*Vitellaria paradoxa*, family Sapotaceae)
- There are at least one billion shea butter fruiting trees (Fig1) across 3-4 million km² in 21 countries producing about 2.5 million tons of dry seed kernel (Fig 2-4) per annum which translates to over 1.2 million tons of shea butter fat.
- Shea butter fat is an important ingredient in foods, cosmetics and pharmaceutical products
- However, shea butter has been produced using traditional artisan method (TAM) (Fig 5) and cold pressing method (CPM) (Fig 6) with limited applications or no economic gain
- To open diverse uses of shea butter, there is need to subject it to fractionation, a technique that separate the fats into liquid (olein) and solid (stearin) (Fig 8)
- The objective of this project was to develop a fractionation technology for producing shea olein and shea stearin as ingredient in food and cosmetic industries.

MATERIALS AND METHODS

- Shea butter extracted by TAM and CPM were sourced from small scale processors in Lira district.
- The shea butter was fractionated in the laboratory using dry and solvent techniques at crystallization temperatures of 15°C and 20°C.
- The shea olein and shea stearin fractions obtained were subjected to physico-chemical analyses for acid value (AV), iodine value (IV), refractive index (RI) and fatty acid profile (FAP)
- Based on lab experiment, a pilot production facility to fractionated shea butter was fabricated for industrial use (Fig 13)



Fig 1: Shea tree



Fig 2: Shea fruits



Fig 5: shea butter processed by traditional method



Fig 3: Shea nuts



Fig 4: shea kernels



Fig 6: Shea butter processed by cold pressed method

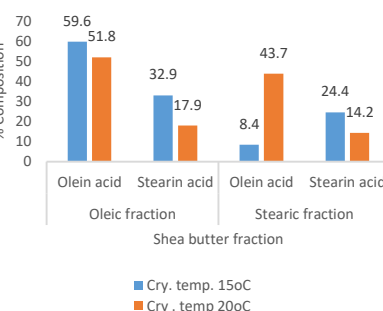


Fig 9: Physico-chemical characteristics of cold pressed shea butter olein and stearin fractions

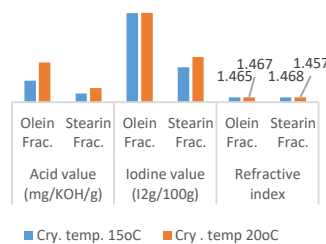


Fig 10: Physico-chemical characteristics of traditionally processed shea butter olein and stearin fractions

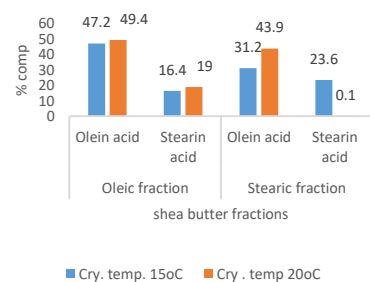


Fig 11: Oleic acid and stearic acid composition in cold pressed processed shea butter fractions

Fig 12: Oleic acid and stearic acid composition in traditional processed shea butter fractions



Fig 13: Pilot fractionation machine



Fig 14: Fractionated shea butter into olein and stearin with hexane

RESULTS

- The shea butter processed by TAM had yields of 59.4% (olein fraction) and 40.6% (stearin fraction) compared to 40% and 60% respectively for that of CPM (Fig 7).
- Although the physico-chemical parameters like AV and IV between olein and stearin fractions showed significant differences, this was not the case between crystallization temperatures of 15°C and 20°C (Fig 9 and 10).
- The FAP of the olein fraction and shea stearin had their oleic acid content at 45-60% and 30-43% respectively, and vice versa for their respective stearic fatty acid contents (Fig 11 and 12).
- Moreover, the oleic acid content at 20°C crystallization temperature was higher than at that 15°C crystallization temperatures (Fig 11 and 12)

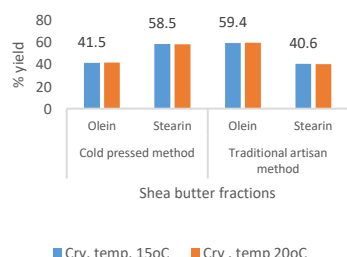


Fig 7: Fractionation yields for shea butter processed by cold pressing and traditional artisan method



Fig 8: Shea stearin and olein fractions



Fig 15: Shea olein products (soap, lotion and cream)



CONCLUSION & RECOMMENDATION

- Fractionation of shea butter produced by TAM at a crystallization temperature of 20°C produced higher yield of shea olein.
- Therefore, there is need to maximize the use of shea olein and shea stearin ingredients for the manufacture of cosmetics and food products (Fig 15 & 16)



Fig 16: Shea olein